

# REFLECTION QUESTIONS



**1. It's easy to praise and follow God in the good times. How have you in the first quarter of 2024 remained faithful in the not so good seasons?**

**2. Have you had a situations in your life this past quarter where someone has encouraged you to keep walking with God? How did you respond?**

**3. We have all had times when we've questioned why it is we must deal with certain things. How has God shown you comfort in those times this past quarter?**

**4. Sometimes when we are faced with trials, it is hard to remember that God will not desert us. How do you remain focused on God during difficult testing seasons of life? What helped you this past quarter?**

**5. We are reminded that when God disciplines us, we are in fact blessed. How can we find the silver lining in difficult moments? Name a time when you have actually had to do so in quarter one?**

**6. Have you taken the time to discuss with God what your purpose is? What has He shown you in this past quarter? Jot the little bit He has revealed.**

**7. It's easy to become discouraged when we feel we are doing everything right and bad things still continue to happen. What are some ways that you can gain encouragement in those moments? What specific promises have helped you with encouragement and affirmation this past quarter?**

**8. It's easy to allow discouragement to turn into bitterness and self-pity. Share a verse that provided you with hope and encouragement in the first quarter. Even in our darkest moments there is always hope. Name a time when you have found hope in the midst of a dark moment.**



**9. HIGHEST MOMENT FIRST QUARTER**

**10. LOWEST MOMENT FIRST QUARTER**