

Scripture to Reflect and Pray

PSALM 139: 23-24

Search me, God, and know my heart;
test me and know my anxious thoughts.
See if there is any offensive way in me,
and lead me in the way everlasting.

MATHEW 11:28-30

“Come to me, all you who are weary and burdened, and I will give you rest. Take my yoke upon you and learn from me, for I am gentle and humble in heart, and you will find rest for your souls. For my yoke is easy and my burden is light.”

JOHN 16:33

“I have told you these things, so that in me you may have peace. In this world you will have trouble. But take heart! I have overcome the world.”

JOHN 14:27

Peace I leave with you; my peace I give you. I do not give to you as the world gives. Do not let your hearts be troubled and do not be afraid.

PHIIPPIANS 4:6-7

Don't worry about anything; instead, pray about everything. Tell God what you need, and thank him for all he has done. Then you will experience God's peace, which exceeds anything we can understand. His peace will guard your hearts and minds as you live in Christ Jesus.

HEBREW 13:6

So we say with confidence,
“The Lord is my helper; I will not be afraid. What can mere mortals do to me.”

PSALM 37:5

Commit your way to the Lord; trust in him and he will do this:

ISAIAH 41:10

Don't be afraid, for I am with you. Don't be discouraged, for I am your God. I will strengthen you and help you. I will hold you up with my victorious right hand.

JERIMIAH 29:11

For I know the plans I have for you,” declares the Lord, “plans to prosper you and not to harm you, plans to give you hope and a future.

PROVERBS 3:5-6

Trust in the Lord with all your heart;
do not depend on your own understanding.
Seek his will in all you do,
and he will show you which path to take.

JOSHUA 1:8

Keep this Book of the Law always on your lips; meditate on it day and night, so that you may be careful to do everything written in it. Then you will be prosperous and successful.

PSALM 1:2-3

but whose delight is in the law of the Lord,
and who meditates on his law day and night.
That person is like a tree planted by streams of water, which yields its fruit in season and whose leaf does not wither— whatever they do prospers.

PSALM 46:10

He says, “Be still, and know that I am God; I will be exalted among the nations, I will be exalted in the earth.”

PSALM 104:34

May my meditation be pleasing to him, as I rejoice in the Lord.

PSALM 143:5

I remember the days of long ago;
I meditate on all your works and consider what your hands have done.

PSALM 143:5

The Lord is my shepherd, I lack nothing. He makes me lie down in green pastures, he leads me beside quiet waters, he refreshes my soul. He guides me along the right path or his name's sake. Even though I walk through the darkest valley, I will fear no evil, for you are with me; your rod and your staff, they comfort me. You prepare a table before me in the presence of my enemies. You anoint my head with oil; my cup overflows. Surely your goodness and love will follow me all the days of my life, and I will dwell in the house of the Lord forever.

PSALM 91:1-2

Whoever dwells in the shelter of the Most High will rest in the shadow of the Almighty. I will say of the Lord, “He is my refuge and my fortress, my God, in whom I trust.”

Scripture to Reflect and Pray

ISAIAH 61

The Spirit of the Sovereign Lord is on me,
because the Lord has anointed me
to proclaim good news to the poor. He has sent me to bind up the
brokenhearted, to proclaim freedom for the captives
and release from darkness for the prisoners, to proclaim the year of the Lord's
favor and the day of vengeance of our God,
to comfort all who mourn, and provide for those who grieve in Zion—to bestow
on them a crown of beauty instead of ashes, the oil of joy instead of mourning,
and a garment of praise instead of a spirit of despair.

They will be called oaks of righteousness, a planting of the Lord
for the display of his splendor. They will rebuild the ancient ruins
and restore the places long devastated; they will renew the ruined cities
that have been devastated for generations. Strangers will shepherd your
flocks;
foreigners will work your fields and vineyards. And you will be called priests of
the Lord,
you will be named ministers of our God. You will feed on the wealth of nations,
and in their riches you will boast. Instead of your shame
you will receive a double portion, and instead of disgrace
you will rejoice in your inheritance. And so you will inherit a double portion in
your land,

and everlasting joy will be yours. "For I, the Lord, love justice;
I hate robbery and wrongdoing. In my faithfulness I will reward my people
and make an everlasting covenant with them. Their descendants will be known
among the nations

and their offspring among the peoples. All who see them will acknowledge
that they are a people the Lord has blessed. I delight greatly in the Lord my
soul rejoices in my God.

For he has clothed me with garments of salvation and arrayed me in a robe of his
righteousness,
as a bridegroom adorns his head like a priest, and as a bride adorns herself with
her jewels.

For as the soil makes the sprout come up and a garden causes seeds to grow, so
the Sovereign Lord will make righteousness and praise spring up before all
nations.